



2600 Capitol Avenue, Des Moines, IA 50317

Find us on Facebook! Simpson United Methodist Church

**Pastor Byunghwoon (Paul) Lee**

**Message from Bishop Kennetha Bigham-Tsai**



**AUGUST**

- 8/1 Riley Savage
- 8/9 Denise Charter
- 8/12 Brittany Jones
- 8/13 Abi Rice
- 8/15 Ralph Helm
- 8/16 Paul Lamb
- 8/22 Bridget Curtis
- 8/25 Johnny Jones II
- 8/28 Clayton Mentzer II
- 8/29 Brandon Hayford

*congratulations*

If you have something to celebrate, a missed birthday, Prayer Request or anything else, PLEASE let the office know so we can share the news with our church family!



-**Deana Tusing**, recovering from knee surgery.

-**Jack Salisbury**, needs our prayers, he is at Endencrest Center in Norwalk and has entered Hospice Care.

-Judy Jennings' **Aunt Sue** (Judy's dad, Bob's brother Herb's, wife), is in poor health. She has a brain infection. Please pray for her and her family.

**SAVE THE DATE**

**Combined Church**

September

**15**

**picnic**



The Peace of Christ in the Midst of Trouble "I've said these things to you so that you will have peace in me. In the world, you have distress. But be encouraged! I have conquered the world." John 16: 33 As we drove back from the North Central Jurisdictional Conference on Saturday, presidential candidate Donald Trump was shot, the bullet grazing his ear. We are grateful that he was not seriously injured.

However, a spectator at the rally was killed as he tried to protect his family. Others were gravely wounded. No one knows for sure the motivations of the shooter. Still, someone has tried to kill another human being in the context of a political campaign. What many have feared in the heightened polarization of our current political environment has happened. Friends, we must pray that our nation does not succumb to the intoxication of violence. We must find ways to lower tensions and make clear that we cannot justify violence for any reason. We also must not give energy to conspiracy theories. Law enforcement is investigating this incident as an assassination attempt and characterizing it as anything other than that is wrong. It is, as well, abhorrent to suggest that certain groups of people, because of gender, immigration status, or race, are somehow at fault. If you hear conspiracy theories like these or see them online, let them stop with you. My prayer is that amid the tribulation around us, we will remember the source of our peace—Jesus Christ, who has already conquered the world. With Christ at our center, we can lead in this troubled world in ways that bring peace. With Jesus at our center, we can be witnesses to his love. Blessings in Christ, Bishop Kennetha Bigham-Tsai

**Inside this Issue:**

**Committee news page 2**

Find out what is happening and how you can get involved!

**Community Updates page 3-4**

Thank You's – Mission News – Upcoming Events – July's Scripture – Sunday School

**August readings Readings pages 5-7**

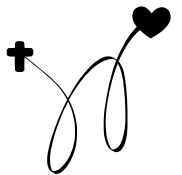
Enjoy a poem thanking our volunteers, Random Act of Kindness ideas, and a time line of UMC history – not Simpson's.

**Activities & Humor pages 7-10**

Enjoy a fill in puzzle, coloring page and some humor

**Church Calendar**

Find out what is going on at Simpson during the month of July!



# COMMITTEE NEWS

Administrative Council wont meet until  
August 28, 2024 @ 6:15 PM



## Administrative Council

Administrative Council will meet August 28th at 6:15pm.



## United Women of Faith

UWF will be meeting Sunday, August 25th, starting with a potluck at 11:45 am. All are invited to join us for the poyluck.

After lunch (Approximately 12:30 pm) UWF Meeting. Program - "Food Deserts" with presenter, Marilyn Helm.

Neither Circle will be meeting during August.

Phyllis attended Mission U on July 13th in Ames. It was a great experience.

## Trustee's & Finance

Nothing to report at this time.

Please see church secretary by the 3rd Sunday for committee News. Each committee needs to contact the office even to say no report. Thank you!

**IMPORTANT MESSAGE**



## Group activities

Nothing to report for the month of August.

## Staff, Pastor, Parish Relations Committee

Meeting soon!

-Marilyn Helm, Chairperson



## Education

Phyllis is working on a Puppet Show for our congregation starring our Sunday School kids! Look for more information to come!

## Thank you

for continuing to send your tithes and offerings.

Please send to: 2600 Capital Ave, Des Moines, Iowa 50317

## Shepherds - Prayer Chain

If you are not receiving calls on our Prayer Chain please let the office or Dick Huitt, our Head Shepherd know. Thank you!

## Worship

No reports at this time.



A few of us are working on starting a game night and craft night rotation! Please lookout for more information about what nights! If you are interested in helping, please let Angie Rice know!

## THANK YOU'S

Thank you for all your prayers during my radiation treatment. The doctor is happy with the results and as I continue to heal, I am hopeful the radiation removed all of the cancer. I will know for sure in a few months.

-Peggy Curtis

"Thank you for the scholarship opportunity. This \$500 scholarship will help fund my future college endeavors. Also, thank you for offering the chance to be honored at the church back in May."

-Ethan Etcher

Dear Simpson Family,  
Thank you for the great retirement party you had for me. I'm so pleased with the wonderful attendance and thank you all for the bird bath and monetary gift. The bird bath sits in our flower garden where birds come daily to eat and drink. We really enjoy watching them! But most of all, thank you for your friendship through these 40+ years. I consider you all family and will continue to keep you all in my prayers. May the Lord bless you all.

-Love, Phyllis

## AUGUST SCRIPTURE

"Trust in the Lord with all your heart & lean not on your own understanding; in all your ways acknowledge him, & he will make your paths straight."

Proverbs 3:5-6 (NIV)



## Upcoming Events

### UWF Potluck

Sunday, August 25 following Sunday School

### Combined Church Picnic

September 15th. Doors open at 10am. Worship to start at 10:30am at Ding Darling Shelter Birdland Park.

### SUMC Rummage & Bake Sale

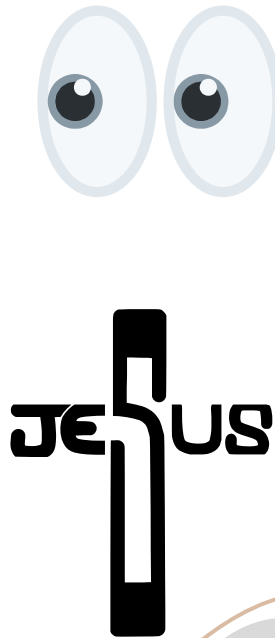
October 10-12

### SUMC Fall Dinner/Craft Sale

November 16

## MISSION NEWS

Keep your eyes and ears open! Mission Committee is working on developing missions for the upcoming months. If you have ideas or missions you would like to see here at Simpson, please reach out to Judy Childres, email the church at [simpsonumeth@msn.com](mailto:simpsonumeth@msn.com) or call the church at 515-262-7518.



Are you in need of a walker? The church has had some donated. If you need one let Judy Somers know!



## SUNDAY SCHOOL

### Adult Sunday School

Please join us after the service at 10:30am (after you have grabbed a cup of coffee) downstairs for our weekly lesson!



### Children's Sunday School

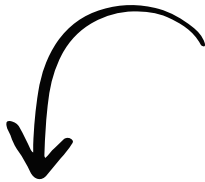
Sunday school meets after the service, 10:30-11:30 am. During the summer, students are making crafts. Thanks to the Sunday School youth, puppetry entertainment was shared with everyone during VBS.



FUNDRAISING OPPORTUNITY



Simpson will be parking cars again for the Iowa State Fair. Look for the opportunity to sign up to help out!



So many new things at the fair. Check them out here!

[www.iowastatefair.org/participate/whats-new](http://www.iowastatefair.org/participate/whats-new)



FUNDRAISING OPPORTUNITY

The West Des Moines United Methodist food stand is celebrating our 75th anniversary at the Iowa State Fair. We are the last church to have a food stand at the fair. Like many churches, we have an aging congregation and are falling short of filling the 304 shifts that are needed to staff the State Fair stand.

We are sharing with you the opportunity to raise funds for your church. We will donate directly to your church \$50 for each 4-hour shift, \$75 for each 6-hour shift, or \$100 for each 8-hour shift that a member of your church works. Please review the attached information sheet and prayerfully consider joining us to raise funds for your church and maintain a church presence at the Iowa State Fair.

If you have any questions, call West Des Moines United Methodist Church at 515-279-0826, visit our website at [wdmumc.org/group-pages/state-fair-stand/](http://wdmumc.org/group-pages/state-fair-stand/), or there are contact numbers for team members on the information sheet.

West Des Moines United Methodist State Fair Team



UPDATING OUR RECORDS

It is time for our records to be updated. We would like you to contact the church with your updated information. You can send the office the information at [simpsonumeth@msn.com](mailto:simpsonumeth@msn.com) or call the office at 515-262-7518. Please include everyone in the household's full name, address, phone numbers, email address, birthday and anniversary. Thank you for your support in updating our records!

Please also let the office know if you would like a printed copy of the messenger!

# Adapted from: "Ode to Church Volunteers" by Heather Curlee Novak, FUMC of Valparaiso, Indiana

There are many among you who volunteer here  
You volunteer tirelessly & usually, with cheer

Even though we ask you at the last minute,  
If it needs to be done, we can count you to do it.

You help teach our children or wash & dry dishes  
You plant or uproot stuff based on our wishes.

Some bake goodies, some fetch donuts,  
How coffee gets made is quite beyond us.

You decorate the church & then take it down  
You host the fun things we do around town.

You greet, usher & serve communion,  
Every Sunday is like a volunteer reunion!

Some of you sing and hit the right notes,  
Others play music great composers wrote.

You commit for a day, a month or the year,  
When you see staff coming, you don't cower in fear.

Every great volunteer is in great demand  
Without you, these little jobs would get out of hand.

We know you have lives & it's hard to commit  
We hope the difference you make, makes all this...worth it.

The impact of your kindness brings many folks cheer,  
SUMC volunteers: we are in awe of you this year!

Thank you, thank you and thank you again,  
Well done, faithful servants, well done, our friends!

# 30 Days of Random Acts of Kindness

*naturalbeachliving.com*

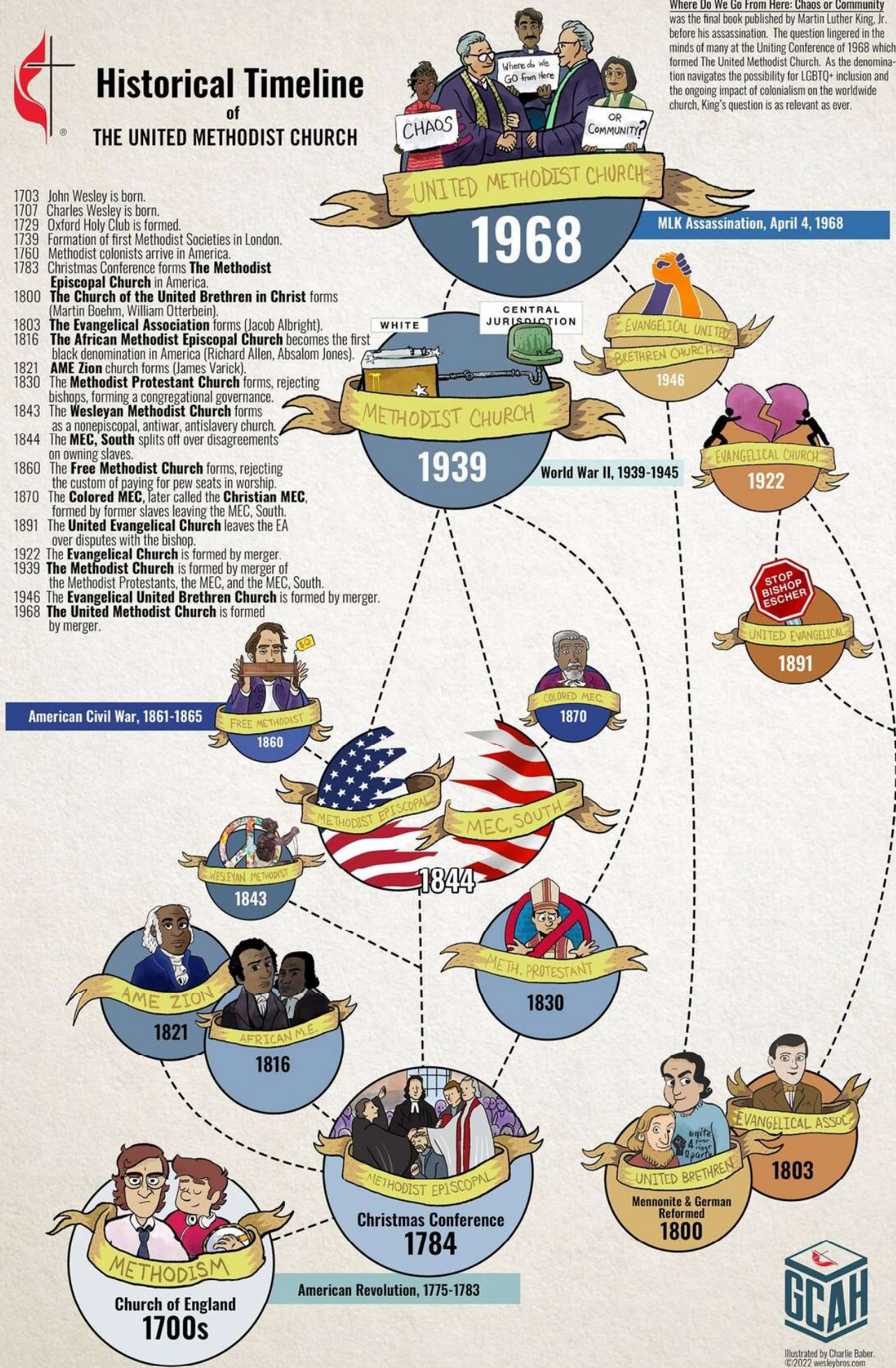
1. Compliment someone
2. Recycle bottles
3. Give a smiley face picture to someone
4. Visit a nursing home
5. Share toys with siblings
6. Make cards for someone
7. Tithe allowance
8. Help someone with yard work
9. Call a grandparent just to say hi
10. Read to a sibling
11. Do an extra chore
12. Bake cookies for someone
13. Write kind words on rocks  
and leave them at a park
14. Let someone go ahead of you in line
15. Smile
16. Create care packages
17. Put change in a vending machine
18. Write letters to the military/veterans
19. Eat with someone new at lunch
20. Encourage someone
21. Help clean up a mess
22. Tell your parents you love them
23. Clean your room without being asked
24. Donate food to a food drive
25. Write a letter to grandma
26. Give a hug
27. Sponsor a child
28. Bring dessert to the neighbor
29. Make a birdfeeder
30. Ask others to continue  
acts of kindness



# Historical Timeline of THE UNITED METHODIST CHURCH

- 1703 John Wesley is born.
- 1707 Charles Wesley is born.
- 1729 Oxford Holy Club is formed.
- 1739 Formation of first Methodist Societies in London.
- 1760 Methodist colonists arrive in America.
- 1783 Christmas Conference forms **The Methodist Episcopal Church** in America.
- 1800 **The Church of the United Brethren in Christ** forms (Martin Boehm, William Otterbein).
- 1803 **The Evangelical Association** forms (Jacob Albright).
- 1816 **The African Methodist Episcopal Church** becomes the first black denomination in America (Richard Allen, Absalom Jones).
- 1821 **AME Zion** church forms (James Varick).
- 1830 The **Methodist Protestant Church** forms, rejecting bishops, forming a congregational governance.
- 1843 The **Wesleyan Methodist Church** forms as a nonepiscopal, antiwar, antislavery church.
- 1844 The **MEC, South** splits off over disagreements on owning slaves.
- 1860 The **Free Methodist Church** forms, rejecting the custom of paying for pew seats in worship.
- 1870 The **Colored MEC**, later called the **Christian MEC**, formed by former slaves leaving the MEC, South.
- 1891 The **United Evangelical Church** leaves the EA over disputes with the bishop.
- 1922 The **Evangelical Church** is formed by merger.
- 1939 **The Methodist Church** is formed by merger of the Methodist Protestants, the MEC, and the MEC, South.
- 1946 The **Evangelical United Brethren Church** is formed by merger.
- 1968 **The United Methodist Church** is formed by merger.

Where Do We Go From Here: Chaos or Community was the final book published by Martin Luther King, Jr. before his assassination. The question lingered in the minds of many at the Uniting Conference of 1968 which formed The United Methodist Church. As the denomination navigates the possibility for LGBTQ+ inclusion and the ongoing impact of colonialism on the worldwide church, King's question is as relevant as ever.



American Civil War, 1861-1865

American Revolution, 1775-1783

MLK Assassination, April 4, 1968

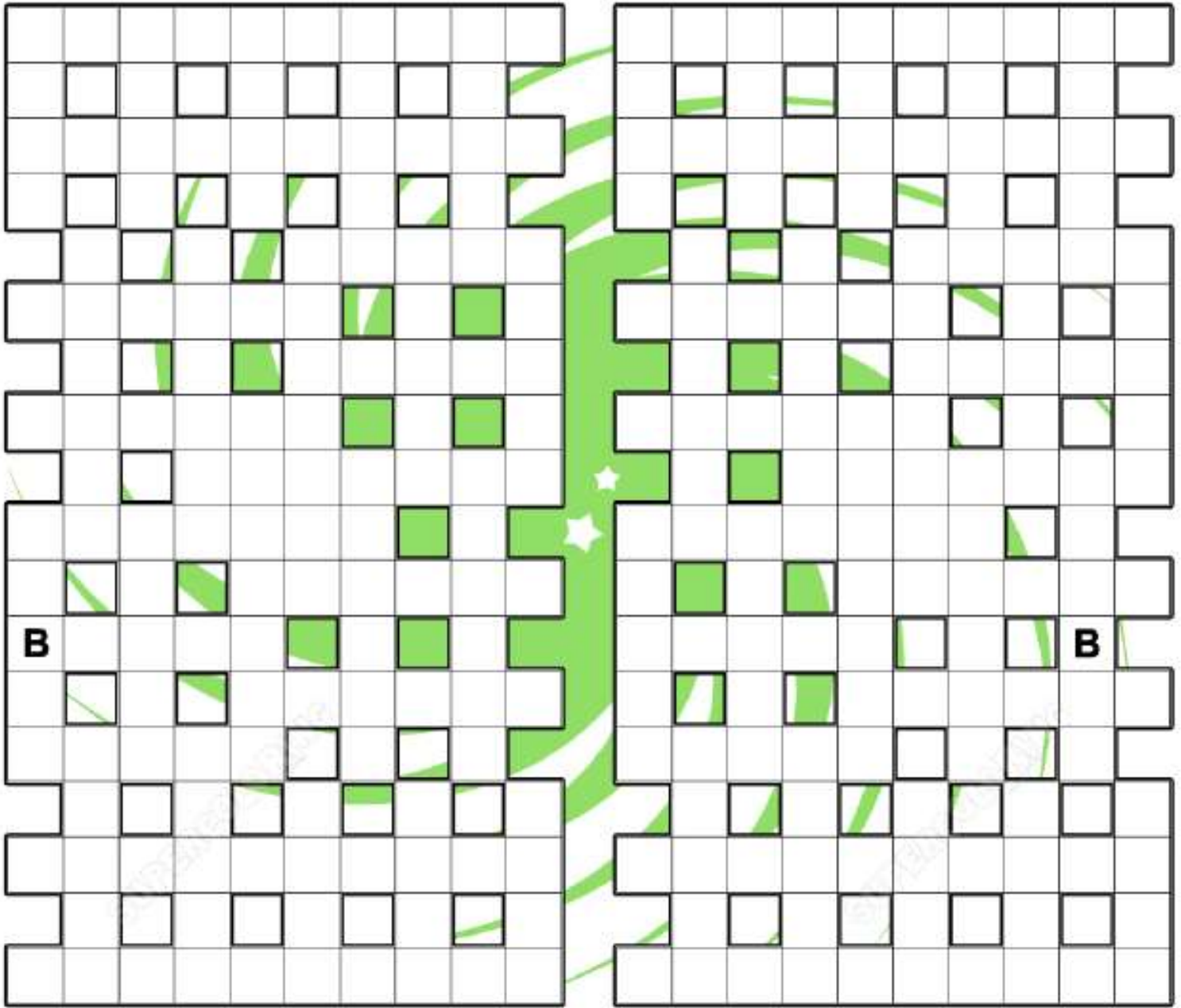


Illustrated by Charlie Baber.  
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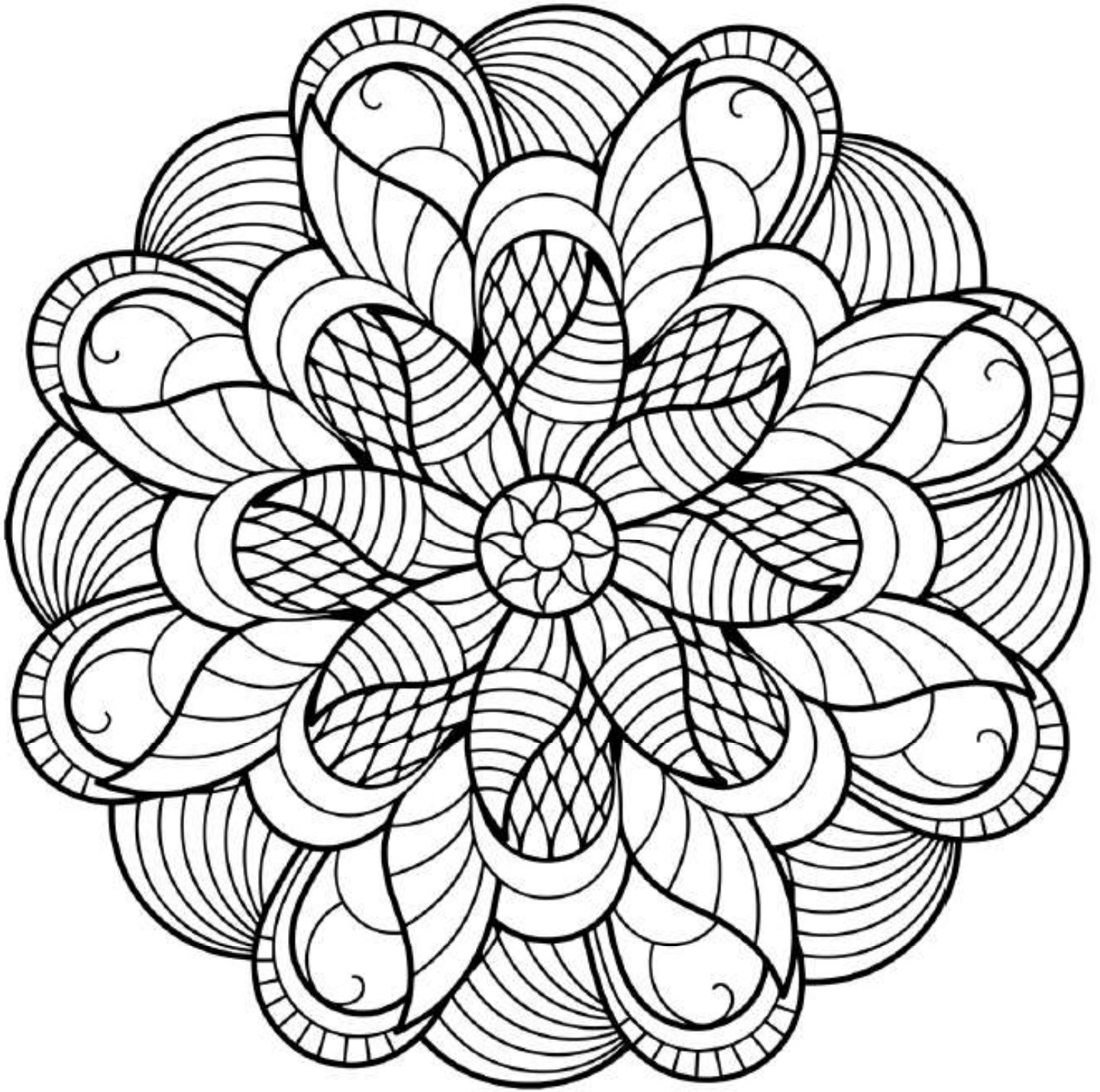
# FILL-IN (or CRISS-CROSS) CROSSWORD PUZZLE

Fill in the blanks of the both grids with the words (ignore spaces and dashes):

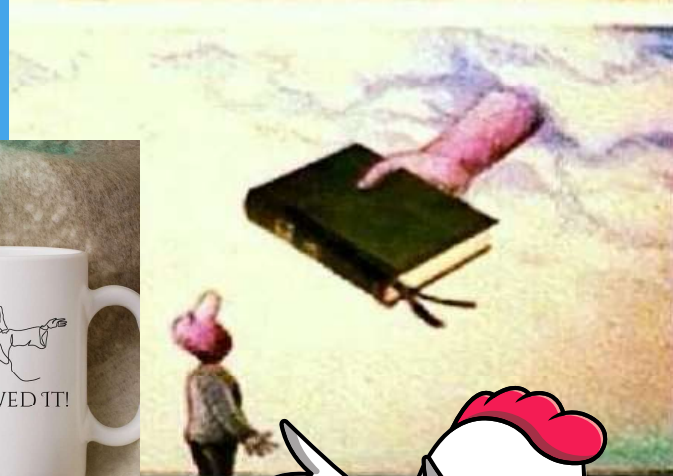
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| (10) BUMBLEBEES  | (7) SEMINAR | (6) GALORE | (5) CAJUN | (5) TEETH | (4) MAPS |
| (10) COPYWRITER  | (7) SPIDERS | (6) ITALIC | (5) ENVOI | (5) THEME | (4) MARK |
| (10) LUMINOSITY  | (7) SPINACH | (6) MOBILE | (5) EQUAL | (5) TIMER | (4) NEWS |
| (10) QUILT PIECE | (7) TEXTILE | (6) NEPHEW | (5) GECKO | (5) TINGE | (4) SOAP |
| (10) SLIPSTREAM  | (6) ADJUST  | (6) RAISIN | (5) IRONY | (5) TOTEM | (4) SPOT |
| (10) TOUCHSTONE  | (6) AFRAID  | (6) RHEBOK | (5) NEXUS | (5) TULIP | (4) TEAM |
| (10) TURTLEDOVE  | (6) AUGUST  | (6) RIDDLE | (5) PARKA | (5) TWAIN | (4) USER |
| (10) TYPOGRAPHY  | (6) CANYON  | (6) STAIRS | (5) PURSE | (5) XEROX | (4) ZEKE |
| (7) ATTEMPT      | (6) CARROT  | (5) AGREE  | (5) REPOT | (4) BYTE  |          |
| (7) LEISURE      | (6) CRUISE  | (5) ASSET  | (5) ROBOT | (4) DENY  |          |
| (7) RECEIPT      | (6) DEPEND  | (5) BEDEW  | (5) SATIN | (4) LILY  |          |
| (7) REPTILE      | (6) FIGURE  | (5) BIJOU  | (5) SWISS | (4) LUCK  |          |







B	U	M	B	L	E	B	E	E	S	U	L	M	I	N	O	S	I	T	Y	
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Q: What's a miracle that can be done by a complainer?

A: Turning anything into whine.



Q: Why did Noah have to punish the chickens on the Ark?

A: Because they were using "fowl" language.

BOREDPANDA.COM



What type of car would Jesus drive?  
A Christler.

When you've started eating and someone starts praying...



woman's day



WHEN THEY ANNOUNCE



FREE REFRESHMENTS AFTER CHURCH



There is no Circle Meetings  
in the month of  
August.

# AUGUST

Is your birthday or  
anniversary not  
listed?? Please  
contact the office  
so we can get that  
fixed!

Don't  
Forget!

SUN	MON	TUE	WED	THU	FRI	SAT
 <ul style="list-style-type: none"> <li>8/1 Riley Savage</li> <li>8/9 Denise Charter</li> <li>8/12 Brittany Jones</li> <li>8/13 Abi Rice</li> <li>8/15 Ralph Helm</li> <li>8/16 Paul Lamb</li> <li>8/22 Bridget Curtis</li> <li>8/25 Johnny Jones II</li> <li>8/28 Clayton Mentzer II</li> <li>8/29 Brandon Hayford</li> </ul>						
<p>4</p> <p><b>8:15am</b> - Coffee/ Fellowship</p> <p><b>9:15am</b> - worship in English</p> <p><b>10:30am</b> - Sunday School Classes</p> <p><b>11:00am</b> - Worship in Kirundi</p>	<p>Pastor Paul Vacation 8/5-8/26</p>	6	7	8	9	10
<p>11</p> <p><b>8:15am</b> - Coffee/ Fellowship</p> <p><b>9:15am</b> - worship in English</p> <p><b>10:30am</b> - Sunday School Classes</p> <p><b>11:00am</b> - Worship in Kirundi</p>	<p>12</p> <p><u>3:00pm</u> Quilting</p> 	13	14	15	16	17
<p>18</p> <p><b>8:15am</b> - Coffee/ Fellowship</p> <p><b>9:15am</b> - worship in English</p> <p><b>10:30am</b> - Sunday School Classes</p> <p><b>11:00am</b> - Worship in Kirundi</p>	19	20	21	22	23	24
<p>25</p> <p><b>8:15am</b> - Coffee/ Fellowship</p> <p><b>9:15am</b> - worship in English</p> <p><b>10:30am</b> - Sunday School Classes</p> <p><b>11:00am</b> - Worship in Kirundi</p> <p>UWF Potluck/Mtg</p>	<p>26</p> <p><u>3:00pm</u> Quilting</p> 	27	28	29	30	31
			<p>6:15pm Ad. Council</p>			

